Fix the leaky pipeline program

This career-building program, supported by the ETH-Domain, offers female PhD students, postdocs, and young scientists the opportunity to reflect on their professional situations, develop a strategy for embarking or continuing on their career paths, receive further training, and extend their personal and scientific networks. The core elements of the program are: customized further education, work in peer groups, inter-institutional cooperation, and an interdisciplinary network. The aim is to support women in their scientific careers and in the process to fix the “leaky pipeline” of women in science.

Contact

General:
info@fix-the-leaky-pipeline.ch

In Zurich
Dr. Mihaela Falub
c/o Office of equal opportunities for Women and Men ETH Zurich
Tel: 044 632 68 72
mihaela.falub@sl.ethz.ch

In Lausanne
Alexandra von Schack
c/o Equal opportunities office EPFL
Tel: 021 693 00 21
alexandra.vonschack@epfl.ch

Registration & Fees

The courses are financially supported by the ETH Board and all institutions of the ETH-Domain.
For EPFL members, the courses taking place at EPFL are covered by the Staff Training Center.

Courses will take place if the minimum of participants is reached.

Materials & snacks are included in the fee; lunch is included only if the number of participants is above the minimum.

Registration & more information:
info@fix-the-leaky-pipeline.ch

Please specify: Name, position, address, workplace, institution, dept/group, phone, email

www.fix-the-leaky-pipeline.ch
<table>
<thead>
<tr>
<th>Title course</th>
<th>Content and aims</th>
<th>Trainer</th>
<th>Days</th>
<th>Dates</th>
<th>Time</th>
<th>Location</th>
<th>Costs*</th>
<th>No. part.</th>
<th>Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 The Holistic Stress Management Workshop</td>
<td>Gain awareness of your psychological stress triggers, disempowering behaviours, and energy drains. Learn how to manage stress positively and proactively by learning several powerful holistic stress management tools &amp; techniques including breathwork, visualization, meditation, inner dialogue work and somatic exercises.</td>
<td>Dr. Lille Springall</td>
<td>1</td>
<td>Mo, 03.06.2013</td>
<td>9-17h</td>
<td>ETHZ</td>
<td>100 Frs</td>
<td>8 - 12</td>
<td>03.05.2013</td>
</tr>
<tr>
<td>2 Effective Academic Interviewing</td>
<td>This interactive workshop was created to assist scientists who find themselves in the process of exploring jobs and various career paths. This workshop enables participants to understand, describe and highlight their strengths, create positive and professional profiles and enhance their self-presentation skills. Participants also increase their level of self-confidence during interviews by taking part in mini-mock interviews. The differences of interviewing for academic and non-academic jobs are discussed and analysed as parts of the workshop.</td>
<td>Dr. Lille Springall</td>
<td>1+1</td>
<td>Mo, 26.08.2013, Mo, 02.09.2013</td>
<td>9-17h</td>
<td>ETHZ</td>
<td>200 Frs</td>
<td>8 - 12</td>
<td>26.7.2013</td>
</tr>
<tr>
<td>3 Self-Marketing Skills - indispensable to boost your career</td>
<td>For most of us self-marketing is a difficult thing to do. The workshop is focusing on four main topics: reflection on self-confidence, development of communication skills, practicing self-presentation, and discussion of tips and tricks for improved self-marketing. We will discuss the first impression we leave, discover sparking moments as basis for self-confidence, realize how we can influence the perception by others and practice giving and receiving feedback.</td>
<td>Dr. Monika Clausen</td>
<td>2</td>
<td>Mo, 30.09.2013, Fri, 04.10.2013</td>
<td>9-17h</td>
<td>ETHZ</td>
<td>200 Frs</td>
<td>8 - 12</td>
<td>30.8.2013</td>
</tr>
<tr>
<td>4 Developing a Comprehensive Skills’ Profile</td>
<td>Increase awareness of skills developed in an academic context as a researcher. Development of a personal skills profile: identifying strengths, detecting gaps and drawing up a personal development plan. Skills-portfolio: documentation and communication of skills for increasing self-awareness and for job applications (academic/non-academic).</td>
<td>Dr. Pamela Alean-Kirkpatrick</td>
<td>1</td>
<td>Fri, 01.11.2013, Thu, 20.06.2013</td>
<td>9-17h</td>
<td>ETHZ</td>
<td>70 Frs</td>
<td>20 - 25</td>
<td>1.10.2013</td>
</tr>
<tr>
<td>6 Leadership and how to succeed in the Scientific Community</td>
<td>Personal leadership, preparing for the “tenure-track time crunch” now, time management in a multi-tasking environment. Leading a research group: techniques to support my graduate students to become excellent researchers. Creating a network of colleagues that genuinely supports me in all facets of my work. Awareness of factors that “open doors” in developing an academic, industry or consulting career.</td>
<td>Dr. Sarah Shephard</td>
<td>1+1</td>
<td>Thu, 30.01.2014, Thu, 06.02.2014</td>
<td>9-17h</td>
<td>ETHZ</td>
<td>200 Frs</td>
<td>8 - 12</td>
<td>20.12.2013</td>
</tr>
<tr>
<td>7 Time Management - Being efficient and effective at work</td>
<td>The workshop provides brief theoretical inputs, exercises and group discussions and participants will have the opportunity to share their experiences &amp; to work on their own themes. At the end of the workshop, participants will have learnt to set realistic goals &amp; how to prioritize; identify personal time-stealers &amp; how to counteract them; apply methods and tools to plan their day/week; discover when they are at their best &amp; deal with stressful situations.</td>
<td>Sandra Bajus</td>
<td>1</td>
<td>Tue 19.11.2013</td>
<td>9-17h</td>
<td>ETHZ</td>
<td>100 Frs</td>
<td>12-16</td>
<td>19.10.2013</td>
</tr>
</tbody>
</table>

Registration deadline & cancellation policy
Registration deadline: usually 4 weeks before the course starts. Full refunds will be made before that date. After the deadline no reimbursement will be done, unless you provide a substitute.

* For EPFL members, the courses of the program that take place at EPFL are covered by the Staff Training Center of EPFL. Courses given at EPFL will be given in priority to EPFL members.