Dr Sarah Shephard

Coaching group for doctoral students & postdocs at ETH Zurich
Dr. Sarah Shephard

16.03.2021 Kick-off Event, Online

www.fix-the-leaky-pipeline.ch
Dr. Sarah Shephard

- biochemist
- Dr. sc. nat. ETH
- 20 years in cancer research
- Switzerland, Canada, and Japan
Dr. Sarah Shephard

- classical soprano
- semiprofessional in musicals, vocal ensembles & solo programmes
- teach singing
Dr. Sarah Shephard

- Organisational Development & Management
- 50% position as faculty developer at ETH
- Work with:
  - Professors
  - Assistant professors
  - Senior scientists
Dr. Sarah Shephard

- since 2000: private coaching practice
- workshops at universities across Switzerland
- central themes
  - “soft skills for hard scientists”
  - “surviving & thriving in academia”
Coaching - a place where you can be yourself:

- smart and a scientist AND female!
- competent, brave, ambitious and full of dreams
- wanting a career AND a loving relationship AND a family!

... and find solidarity & support
Fix the leaky pipeline!
A career-building program for women in science

Coaching - where inner conflicts are ok:

on the one hand...

and

...on the other hand

... and you can find new perspectives & tools

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Transitions are exciting AND disorienting!

• It’s NORMAL:
  • to need new strategies!
  • to need tips & advice!
  • to need support!

... and so important to know: I’m not alone!

Especially when role models are few
Methods

• Themes defined by group needs & interests, and by current / urgent situations
• Individual “cases” (questions & concerns) are kept brief & specific - focus is on relevance & learning possibilities for all in group
• Lots of “trying things out”, practical experiments
• Brief inputs, tips & tools where helpful
Dr Sarah Shephard

Career planning for Scientists
EPFL - 30 November + 7 December 2021

Leadership & how to succeed in the Scientific Community
ETH Zurich - 27 October + 3 November 2021
Career planning for Scientists

Landing my dream job!

Finding my unique calling

Finding a job with a “good fit”

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Where do I/we want to go?

Negotiating needs!

How do I/we want to get there?

Leading myself well

Leading others well

Where do I/we want to go?
Dr. Sarah Shephard

Welcome!