Leadership and how to succeed in the Scientific Community

Good leadership skills are one of the foundations of a successful academic career. This course is about developing leadership skills that will enable you to successfully supervise graduate students (even the difficult ones!), lead a research group, interact well with peers and be heard by “those in power”. A major focus of the course is on finding the tools to live your authentic leadership style, one that fits your vision of a good professional life, with ease and success. We will examine both formal and informal leadership settings, and touch on many of the facets of good leadership: dealing well with resources, communication and negotiation skills, settings boundaries, and resolving conflict. The course will be practical and interactive, with individual tips, tricks and feedback for all participants.

**Workshop objectives**

- You identify your current strengths and weaknesses as a leader and can create opportunities to polish and develop your skills in your current position.
- You identify your own values, needs and priorities as a leader and can formulate a clear leadership statement for use with your (future) team.
- You can implement effective, practical tools to better supervise graduate students and a research team.
- You can implement effective and practical strategies for negotiations, and for dealing with conflict.
- You understand how your communication style supports or undermines your own leadership, and practice and polish your style (with individual feedback) throughout the course.

**Programme**

- What makes a good leader?
- Components and skills in leadership
- Communication – how do the “natural-born leaders” do it?
- Empathy as a foundational principle in negotiating
- Leadership styles appropriate to a research environment: creating a trustworthy, responsible and learning team
- Setting boundaries, making yourself heard, dealing with conflict situations

**Methods**

Highly interactive seminar using a wide variety of learning methods such as group, pair and individual exercises, plenary discussions, case studies, coaching, and feedback, complemented by theoretical input on the relevant topics.

**Participants**

The program is tailored to senior PhD candidates, postdoctoral fellows & senior scientists working in the ETH-Domain who wish to pursue an academic career.

**Trainer**

Dr. Sarah Shephard