

Sibyl Schädeli





WORKSHOP

"Done Being Nice!" Increase your assertiveness in institutional power games



CONTENT:

This workshop **reveals and decodes unspoken rules and behaviour patterns**, guides you in identifying scheming, traps and tricks, and shows you how to achieve greater room for manoeuvre and increased assertiveness.

- Decoding verbal and non-verbal language, symbols and gestures in daily power games
- How to make yourself seen and listened to in meetings and further relevant settings

TRAINER: Sibyl Schädeli, lic.phil.

METHODS:

- Theoretical and evidenced based inputs about relevant mechanisms and models in power and status games
- Training of verbal and non-verbal tactics and strategies

SAVE THE DATE: 29.5.2024, 9.00-16.00 ETHZ