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## Academic mobility and dual career planning

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### Description and objectives

Academic research is a creative and international endeavour and so agility and mobility nearly always play a part in the careers of researchers. This may involve active collaboration, seeking a host institution, moving to another country to take up a fellowship or new post, or even short visits to improve on professional skills and gain more experience.

In this workshop early career researchers investigate career paths, funding sources, fellowships and other routes to secure a permanent academic position.

The content of the workshop includes research studies and surveys conducted on mobility, case studies, dual career couples, funding information, advice and strategies for those considering their options. It provides a space for participants to discuss the challenges they face, their strengths and opportunities, depending on their own situation and career goals, with peer and tutor guidance to help them to build a realistic and strategic career plan.

### The participants will...

- Understand opportunities, challenges and impact of academic mobility
- Be more aware of creative solutions to balance professional and personal goals
- Be signposted to practical information on how to find a position abroad and how to prepare for an international move
- Feel more confident and informed about making decisions relating to academic mobility.

### Approach

Theoretical input will alternate with individual, pair and group work.

### Trainer

[Sarah Blackford](#), Qualified careers adviser and coach